

Jesus IOI

“Grace Thoughts”



A short devotional to help get you excited about Jesus!

“The very hairs of your head are all numbered.” –Matthew 10:30

I am a visual learner. Therefore, in my prayer journal, I sometimes draw a particular scriptural idea; thereby it makes a lasting impact on my mind. One day I was studying the concept of today's verse, and I drew my head with a few hairs. Then I started placing numbers next to each hair: 1, 2, 3. And all of sudden a realization hit me: I am worth so much to God, that He is fully aware and engaged in every detail of my life. He knows much more about me than I do. And this is the reason why I should never be afraid (Matthew 10:31).

With this realization, praise and thanksgiving started to flow freely. I thanked God for taking care of me and for loving me just as I am, with all my thoughts, emotions, joys, and pains. Who can count our hairs? We can't, but God can. That He has numbered *the hairs on our head* is an expression that denotes both God's care and protection, as in “not a hair of your head will perish” without His knowledge (Luke 21:18). He is fully aware of what is going on in our lives. Furthermore, His love and involvement are constant and continuous. The hairs of our head are (present tense) all numbered today; they were five years ago and they will be five years from now. Some people only talk about God's love and care as events in the past or in the future. The greatest manifestation of God's love occurred on the cross, when Jesus died. And our deliverance will be accomplished when He returns for us in His second coming. Yet it is imperative that we recognize that the same love that nailed Him to the cross is active in our daily lives today. In this passage, we are reminded three times to “not fear” (Matthew 10:26, 28, 31), because God knows us, and we are valuable to Him. Take a moment to thank God for His direct involvement in your life and for His powerful hand that protects and guides you. After all, His care in our personal lives has been the focus of beautiful psalms, such as: “You know when I sit down and when I rise up; You understand my thought from afar . . . And are intimately acquainted with all my ways . . . Such knowledge is too wonderful for me” (Psalm 139:2-6).