



A short devotional to help get you excited about Jesus!

Jesus said to them, "The Sabbath was made for man, and not man for the Sabbath." -Mark 2:27

Bob Atchison, a man fascinated by the Alexander Palace in sia, shared an insightful anecdote. "For generations before Alexandra [The last Russian empress] the Russian Imperial family had loved flowers. Catherine the Great treasured her roses in Tsarskoe Selo and had special guards assigned to protect them year-round from the harsh climate and accidents. Once an Imperial order had been given it was followed until rescinded. Over a century after Catherine died Nicholas and Alexandra discovered a guard still stationed to protect a long vanished rose of Catherine's."

Can you imagine that? Imperial guards, standing there for more than one hundred years, guarding, without reason, a rosebush that no longer existed? Jesus wanted to make sure that this did not happen to His followers. He realized that many were keeping a Sabbath Day of rest but were rejecting Him. (They were just standing there, guarding a tradition while at the same time rejecting the real Rose of Sharon!) Others kept talking about Sabbath laws and making the day a burden instead of a celebration of their Creation and Redemption. This was the case with the Pharisees. Rabbinic traditions, with an eventual list of thirty-nine unlawful works, had created man-made restrictions that veiled the real meaning of the Sabbath Day. But this holy day was designed to be a feast of remembrance and restoration, reminding us that we are children of the Creator-Redeemer. As the disciples were picking the heads of grain on the Sabbath (Mark 2.23), the Phariseses complained to Jesus that they were doing what was not lawful, interpreting their actions through legalistic lenses (see Deuteronomy 23:25; Exodus 34:21). In response, Jesus affirmed the Sabbath Day and the real reason for the Sabbath: "The Sabbath (Mark 2:27, 28), Our weekly Sabbath rest reminds us who we are in Jesus. May we rest in His accomplished work for us!

"Bob Atchison, "A Romanov Passion for Flowers," Alexander Palace Time Machine (blog), accessed on April 15. 2019. http://www.alexanderpalace.org/palace/bloa.html?pid=1213306016379451.

Talbot, Elizabeth Jesus Wins!, p. 244.