



A short devotional to help get you excited about Jesus!

"For your heavenly Father knows that you need all these things." -Matthew 6:32

Bestselling author David Jeremiah shares his experience. Having been very energetic since his childhood, he had not really understood physical weakness, until he was diagnosed with stage four lymphoma. The treatments left him severely weak and fatigued. When he went back to preach for the first time after his treatment, he began to cry when the choir sang "Total Praise," which praises God for His strength. He writes: "I knew God was the One who had strengthened me in my recovery from cancer. Almighty God was the source of my strength. He was the strength of my life."*

I am sure that you, like me, sometimes feel overwhelmed by certain circumstances, whether financial, relational, emotional, or physical. We realize that we can't face them on our own because we have exhausted our resources, vitality, and strength. I find great comfort in knowing that God is intimately aware of all my needs and is ready to supply them: "Do not worry then, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear for clothing?' . . . for your heavenly Father knows that you need all these things. But seek first His kingdom and His righteousness, and all these things will be added to you." (Matthew 6:31-33). There are many parts of verse 32 that give me hope. First, the phrase "Your heavenly Father," which highlights His relationship with us as a Father and the fact that He is our Father; we are His children, and we are not on our own! What would you do for your kids? Everything! Exactly! Then the verb: He has known (Greek tense); He is not guessing; He already knows. What does He know? Our needs; all of them. And you can expand the list of food, drink, and clothing to whatever else you are needing that you can't supply for yourself. When we focus on Christ, His righteousness, and the salvation that He has already provided, we realize that He is also ready to supply all our other needs. He will surely provide strength, wisdom, peace, and hope. Let's praise God for His knowledge and readiness to provide for all of our needs in Christ Jesus! (Philippians 4:19).

*David Jeremiah, Overcomer: 8 Ways to Live a Life of Unstoppable Strength, Unmovable Faith, and Unbelievable Power (Nashville, Tennessee: W Publishing, 2018), 27.

Talbot, Elizabeth Jesus Wins!, p. 330.